

PSSARP

Psychological Strategies
for the Sexual and Affective
Re-education of Prisoners



Launching the MOOC: a video course for prisoner educators and inmates' spouses

Between August 2024 and July 2025, the PSSARP consortium developed a video course designed to empower adult educators, prison staff, and the families of inmates with skills and insights for emotional re-education within penitentiary contexts.

The course, available in English, Italian, German, and Romanian, is divided into three modules:

1. Understanding affective needs in prison settings

Based on research conducted across three countries, this module explores the psychological and social implications of affective deprivation. Educators learn how emotional neglect impacts inmate well-being and reintegration prospects.

2. Tools for affective re-education

Drawing on psychology, sexology, and pedagogy, this module introduces best practices and communication techniques to support inmates' emotional lives.

3. Supporting families, breaking the stigma

Inmates' spouses and relatives often face social exclusion. This final module helps professionals provide support to families and fosters understanding of how strong family bonds can contribute to successful re-entry into society.

The video course is offered free of charge and is openly accessible through the official project website. It is structured for self-paced learning and provides certificates of participation upon completion. This course addresses an urgent gap in professional training: how to support the prisoners, and how to strengthen relationships that often remain invisible yet essential for rehabilitation.

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